

## Step Therapy



Most medical conditions can be treated with several different drug options. There are many drugs that cost much less than others despite working the same way and being just as effective. The Step Therapy program helps you get the treatment you need at the most affordable price.

### Here's how it works:

Get a prescription → Try a **Step 1** drug ↪ Move on to a **Step 2** drug if necessary



Step Therapy means trying less expensive options before moving on to more costly drugs. With this program, you would try a Step 1 drug before a Step 2 drug can be covered by your plan. A Step 2 drug will be covered if the Step 1 drug does not treat the condition it was prescribed for or if it causes side effects that stop treatment.

If your prescription is for a Step 2 drug, our pharmacy system will automatically check for Step Therapy requirements. If your pharmacy history shows you have already tried a Step 1 drug in the recent past, the prescription for the Step 2 drug may be processed. If not, the pharmacist will contact your prescriber for further explanation.

There are some drugs that need an additional step before they can be covered. For a Step 3 drug to be covered, both a Step 1 and a Step 2 drug must be tried first.

Although not listed here, many brand-name drugs with generic equivalents also require Step Therapy. A generic equivalent is a medication that contains the same active ingredients (what makes the medication work) as the brand-name drug, but often costs less.

We encourage you to discuss your treatment and medication options with your doctor. If you have questions about the Step Therapy program, call customer service at **800-759-3203**.

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### Step Therapy Medications (2 steps)\*

If you have a prescription for any of the following Step 2 drugs, you will need to first try a Step 1 drug(s) before the Step 2 drug is covered.

CONDITION	STEP 1	STEP 2
ACNE	<b>Any one of the following:</b> Epiduo Forte, Onexton	Acanya <sup>+</sup> , Aktipak <sup>+</sup> , Benzaclin <sup>+</sup> , Benzamycin <sup>+</sup> , Duac <sup>+</sup> , Veltin <sup>+</sup> , Ziana <sup>+</sup>
	<b>Any two</b> single-agent generic topical clindamycin products	Clindagel 1% <sup>+</sup> , Clindamycin Phosphate 1% Gel <sup>+</sup> (ABA)
	doxycycline or minocycline	Minolira <sup>+</sup>
	doxycycline <b>AND</b> minocycline	Seysara
	<b>Any one of the following:</b> adapalene-benzoyl peroxide 0.1-2.5%, Epiduo Forte, Onexton	Amzeeq
ADHD	<b>Any two of the following:</b> amphetamine-dextroamphetamine, dexamethylphenidate, dextroamphetamine, methylphenidate, clonidine ER, guanfacine ER, Vyvanse	Adderall <sup>+</sup> , Adderall XR <sup>+</sup> , Adhansia XR <sup>+</sup> , Adzenys ER, Adzenys XR-ODT, Aptensio XR, Concerta <sup>+</sup> , Cotempla XR, Daytrana, Desoxyn, Dyanavel XR, Evekeo <sup>+</sup> , Focalin <sup>+</sup> , Focalin XR <sup>+</sup> , Jornay PM, Kapvay, Metadate CD, Methylin, Mydayis, Procentra, Quillichew ER, Quillivant XR, Ritalin <sup>+</sup> , Ritalin LA <sup>+</sup> , Zenzedi
ALLERGIC REACTIONS	epinephrine	Auvi-Q <sup>+</sup> , Epipen, Epipen Jr <sup>+</sup>
ANTIBIOTICS	doxycycline or minocycline	Acticlate <sup>+</sup> , Adoxa, Doryx <sup>+</sup> , Doryx MPC <sup>+</sup> , Doxycycline Hyclate DR 80mg <sup>+</sup> (ABA), Monodox, Oracea <sup>+</sup> , Solodyn <sup>+</sup> , Vibramycin
ANTIPSYCHOTICS#	<b>Any two of the following:</b> aripiprazole, olanzapine/olanzapine ODT, risperidone/risperidone ODT, quetiapine IR/ER, Saphris	Caplyta, Fanapt, Secuado <sup>+</sup>
	<b>Any one of the following:</b> aripiprazole, olanzapine/olanzapine ODT, risperidone/risperidone ODT, quetiapine IR/ER	Vraylar
ASTHMA/COPD	<b>Any two of the following:</b> Arnuity Ellipta, Flovent Diskus/Flovent HFA, Pulmicort Flexhaler, Qvar RediHaler <sup>+</sup>	Alvesco <sup>+</sup> , ArmonAir Digihaler <sup>+</sup> , Asmanex <sup>+</sup> , Asmanex HFA <sup>+</sup>
	<b>Any two of the following:</b> fluticasone-salmeterol, Advair, Breo Ellipta, Symbicort	AirDuo Digihaler <sup>+</sup> , AirDuo RespiClick <sup>+</sup> , Dulera <sup>+</sup>
	<b>Any two of the following:</b> fluticasone-salmeterol, Advair, Breo Ellipta, Serevent, Symbicort	Arcapta
	albuterol HFA	Albuterol HFA <sup>+</sup> (Ventolin HFA ABA), Levalbuterol <sup>+</sup> (ABA), ProAir Digihaler <sup>+</sup> , ProAir HFA <sup>+</sup> , ProAir RespiClick <sup>+</sup> , Proventil HFA <sup>+</sup> , Ventolin HFA <sup>+</sup> , Xopenex HFA <sup>+</sup>

**Bold type = Brand-name drug**

Plain type = Generic drug

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CONDITION	STEP 1	STEP 2
	<b>Spiriva</b>	<b>Incruse Ellipta, + Seebri Neohaler, + Tudorza Pressair+</b>
	<b>Anoro Ellipta AND Stiolto Respimat</b>	<b>Bevespi, + Duaklir Pressair, + Utibron+</b>
	<b>Any two of the following:</b> fluticasone-salmeterol, <b>Advair, Anoro Ellipta, Breo Ellipta, Stiolto Respimat, Symbicort</b>	<b>Breztri Aerosphere</b>
	montelukast or zafirlukast	zileuton ER, <b>Zyflo, Zyflo CR</b>
CARDIOVASCULAR	<b>Any one of the following:</b> benazepril, captopril, enalapril, fosinopril, lisinopril, moexipril, perindopril, quinapril, ramipril, trandolapril, benazepril-HCTZ, captopril-HCTZ, enalapril-HCTZ, fosinopril-HCTZ, lisinopril-HCTZ, moexipril-HCTZ, quinapril-HCTZ, amlodipine-benazepril, trandolapril-verapamil, losartan, losartan-HCTZ, candesartan, candesartan-HCTZ, irbesartan, irbesartan-HCTZ, telmisartan, telmisartan-HCTZ, amlodipine-olmesartan, olmesartan, olmesartan-HCTZ, amlodipine-olmesartan-HCTZ	<b>Edarbi, Edarbyclor, Tekturna HCT</b>
	<b>Any two of the following:</b> acebutolol, atenolol, betaxolol, bisoprolol, carvedilol IR/ER, labetalol, metoprolol IR/ER, nadolol, pindolol, propranolol IR/ER	<b>Kaspargo+</b>
	propranolol ER	<b>Inderal LA, + Innopran XL+</b>
	amlodipine <b>AND any one of the following:</b> diltiazem, felodipine, isradipine, nicardipine, nifedipine, nisoldipine, verapamil	<b>Conjupri</b>
	amlodipine	<b>Katerzia+</b>
CHOLESTEROL	<b>Any one of the following:</b> atorvastatin, fluvastatin/XL, lovastatin, pravastatin, rosuvastatin, simvastatin	<b>Altoprev, Ezallor Sprinkle, Flolipid, Lescol XL, + Lipitor, + Livalo, + Pravachol, + Simvastatin Suspension (ABA), Zocor+</b>
	fenofibrate or fenofibric acid <b>AND Lipofen</b>	<b>Fenoglide, Fibricor, Lofibra, Triglide</b>
CONTRACEPTION	etonogestrel/ethinyl estradiol vaginal ring or Eluryng	<b>Anovera+</b>
	<b>Any two of the following:</b> Camila, Deblitane, Errin, Heather, Incassia, Jencycla, Jolivette, Lyza, norethindrone 0.35mg, Nora-B, Norlyda, Norlyroc, Sharobel, Tulana	<b>Slynd+</b>
DEPRESSION#	bupropion SR	<b>Aplenzin</b>
	<b>Any two of the following:</b> citalopram, desvenlafaxine, escitalopram, fluoxetine, paroxetine, paroxetine ER, sertraline, venlafaxine, venlafaxine ER, duloxetine, bupropion, mirtazapine	<b>Desvenlafaxine ER (ABA), Drizalma Sprinkle, Khedezla, Paxil Suspension, Trintellix</b>

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CONDITION	STEP 1	STEP 2
	<b>Any two of the following:</b> desvenlafaxine, duloxetine, venlafaxine, venlafaxine ER	<b>Fetzima</b>
DIABETES	<b>Any one of the following:</b> metformin, metformin ER, metformin-glipizide, metformin-glyburide, metformin-pioglitazone	<b>Actoplus Met XR, Avandia, Bydureon BCise, Byetta, Cycloset, Glyxambi, Janumet, Janumet XR, Januvia, Jardiance, Jentadueto, Jentadueto XR, Metformin Solution, Ozempic, Riomet, Riomet ER, Rybelsus, Soliqua, Synjardy, Synjardy XR, Tradjenta, Trijardy XR, Trulicity, Victoza, Xigduo XR, Xultophy</b>
	<b>Any one of the following:</b> metformin, metformin ER, metformin-glipizide, metformin-glyburide, metformin-pioglitazone, captopril, enalapril, fosinopril, lisinopril, perindopril, quinapril, ramipril, trandolapril, candesartan, losartan, valsartan, bisoprolol, carvedilol IR/ER, metoprolol succinate CR/XL, eplerenone, spironolactone	<b>Farxiga</b>
	<b>Any two of the following:</b> Humalog, Lyumjev, Novolog <sup>+</sup>	<b>Admelog<sup>+</sup>, Apidra<sup>+</sup>, Fiasp<sup>+</sup>, Insulin Aspart<sup>+</sup> (ABA), Insulin Aspart Mix 70/30<sup>+</sup> (ABA), Insulin Lispro<sup>+</sup> (ABA), Insulin Lispro Junior<sup>+</sup> (ABA)</b>
	<b>Any two of the following:</b> Lantus, Levemir <sup>+</sup> , Toujeo, or Tresiba <sup>+</sup>	<b>Basaglar<sup>+</sup>, Semglee</b>
	Contour Next test strips	All other blood glucose test strips
	Contour Next meters	All other blood glucose meters
	<b>Any one of the following:</b> Baqsimi, Glucagon, Gvoke	<b>Glucagen HypoKit</b>
EAR CONDITIONS	ofloxacin	<b>Cetralax</b>
GASTROINTESTINAL (MISC.)	polyethylene glycol or lactulose	<b>Linzess, Movantik<sup>+</sup>, Symproic</b>
	<b>Creon AND Zenpep</b>	<b>Pancreaze<sup>+</sup>, Pertzye<sup>+</sup>, Viokace<sup>+</sup></b>
	<b>Any one of the following:</b> Clenpiq, Prepopik, Suprep	<b>MoviPrep<sup>+</sup>, OsmoPrep<sup>+</sup>, Plenvu<sup>+</sup></b>
GOUT	colchicine tablets	<b>Colchicine Capsules<sup>+</sup> (ABA), Colcrys<sup>+</sup>, Gloperba<sup>+</sup>, Mitigare<sup>+</sup></b>
	allopurinol	<b>Duzallo, Uloric, Zurampic</b>
HORMONE REPLACEMENT	estradiol patch	<b>Alora, Menostar, Minivelle</b>
	<b>Any one of the following:</b> Imvexxy, Osphena, Premarin Vaginal Cream	<b>Femring</b>
	<b>Any two of the following:</b> Imvexxy, Osphena, Premarin Vaginal Cream	<b>Intrarosa</b>

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CONDITION	STEP 1	STEP 2
INSOMNIA	<b>Any one of the following:</b> eszopiclone, temazepam, zaleplon, zolpidem, zolpidem ER	Belsomra, Dayvigo
	zolpidem or zolpidem ER	Edluar, Zolpimist
MIGRAINE	<b>Any two of the following:</b> almotriptan, eletriptan, frovatriptan, naratriptan, sumatriptan, rizatriptan/ODT, zolmitriptan/ODT	Onzetra, <sup>+</sup> Tosymra, <sup>+</sup> Treximet, <sup>+</sup> Zomig Spray
	<b>Any two of the following:</b> diclofenac, diclofenac CR, diflunisal, etodolac, fenoprofen, flurbiprofen, ibuprofen, indomethacin, ketoprofen, ketorolac, meclofenamate, meloxicam, nabumetone, naproxen, oxaprozin, piroxicam, sulindac, tolmetin	Cambia <sup>+</sup>
NASAL POLYPS	mometasone nasal spray <b>AND Beconase AQ</b>	Xhance <sup>+</sup>
NEUROLOGIC	gabapentin	Gralise
	<b>Any one of the following:</b> amitriptyline, cyclobenzaprine, duloxetine, gabapentin, pregabalin	Lyrica CR, Savella
NOCTURIA	<b>Nocturna</b>	Noctiva <sup>+</sup>
OPHTHALMIC	azelastine <b>AND</b> olopatadine	Bepreve, Lastacaft, Zerviate <sup>+</sup>
	<b>Any one of the following:</b> diclofenac ophthalmic, flurbiprofen ophthalmic, ketorolac ophthalmic <b>AND Prolensa</b>	Bromsite, <sup>+</sup> Ilevro, <sup>+</sup> Nevanac <sup>+</sup>
	latanoprost <b>AND</b> travoprost <b>AND Lumigan</b>	Xelpros, Vyzulta <sup>+</sup>
	timolol ophthalmic solution	Timoptic Ocudose <sup>+</sup>
OPIOID OVERDOSE	<b>Narcan Nasal Spray</b>	Evzio, <sup>+</sup> Naloxone Injection 2mg <sup>+</sup> (ABA)
OPIOID WITHDRAWAL	clonidine	Lucemyra
OVERACTIVE BLADDER	<b>Any one of the following:</b> oxybutynin IR/ER, tolterodine IR, trospium IR	Gelnique, Oxytrol
PAIN (NON-NARCOTIC ANALGESICS)	<b>Any two of the following:</b> diclofenac, diclofenac CR, diflunisal, etodolac, fenoprofen, flurbiprofen, ibuprofen, indomethacin, ketoprofen, ketorolac, meclofenamate, meloxicam, nabumetone, naproxen, oxaprozin, piroxicam, sulindac, tolmetin	Diclofenac Capsule 35mg <sup>+</sup> (ABA), Indocin, Indomethacin Capsule 20mg (ABA), Tivorbex, Vivlodex, Zorvolex <sup>+</sup>
	nabumetone	Relafen DS <sup>+</sup>
	baclofen	Ozobax <sup>+</sup>

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CONDITION	STEP 1	STEP 2
PARKINSON'S	carbidopa-levodopa or carbidopa-levodopa ER	<b>Rytary</b>
	rasagiline <b>AND</b> selegiline	<b>Xadago</b>
	pramipexole or ropinirole	<b>Neupro</b>
PROSTATIC HYPERTROPHY (BPH)	<b>Any two of the following:</b> alfuzosin, doxazosin, silodosin, tamsulosin, terazosin	<b>Cardura XL</b>
PSORIASIS	calcipotriene	<b>Calcipotriene Foam 0.005%+ (ABA), Sorilux+</b>
ROSACEA	<b>Finacea Foam or Soolantra</b>	<b>Noritate+, Zilxi</b>
	<b>Any one of the following:</b> azelaic acid gel, <b>Finacea Foam, Soolantra</b>	<b>Finacea Gel</b>
	<b>Any one of the following:</b> metronidazole gel, <b>Finacea Foam, Soolantra</b>	<b>Metrogel+</b>
SEIZURES#	topiramate IR	<b>Qudexy XR,† topiramate ER, Trokendi XR</b>
	oxcarbazepine IR	<b>Oxtellar XR+</b>
	<b>Any one of the following:</b> lamotrigine IR, levetiracetam IR/ER, oxcarbazepine IR, topiramate IR	<b>Briviact, Xcopri</b>
SKIN CONDITIONS (MISC.)	Topical corticosteroid	<b>Eucrisa</b>
	Topical fluorouracil or topical imiquimod	diclofenac gel 3%, <b>Picato</b>
	imiquimod cream 5%	<b>Imiquimod Cream 3.75%+ (ABA), Zyclara+</b>
THYROID#	levothyroxine	<b>Armour Thyroid, Nature-Thyroid, Synthroid+</b>
ULCER/REFLUX	<b>Any two of the following:</b> esomeprazole magnesium, lansoprazole (capsule), omeprazole, pantoprazole, rabeprazole, <b>Dexilant</b>	<b>Aciphex,† esomeprazole strontium, First-Lansoprazole Suspension, First-Omeprazole Suspension, Prevacid,† Prilosec, Protonix,† Rabeprazole Sprinkle+ (ABA)</b>
	<b>All five of the following:</b> esomeprazole magnesium, lansoprazole (capsule), omeprazole, pantoprazole, rabeprazole	omeprazole/bicarbonate,† Omeppi,† <b>Zegerid+</b>
ULCERATIVE COLITIS	<b>Apriso</b>	<b>Asacol HD,† Delzicol,† Lialda+</b>

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Step Therapy Medications (3 steps)\*

If you have a prescription for any of the following Step 3 drugs, you will need to first try a Step 1 and a Step 2 drug(s) before the Step 3 drug is covered.

CONDITION	STEP 1	STEP 2	STEP 3
CHOLESTEROL	<b>Any one of the following:</b> atorvastatin, fluvastatin/XL, lovastatin, pravastatin, rosuvastatin, simvastatin	Livalo <sup>+</sup>	Zypitamag <sup>+</sup>
DIABETES	<b>Any one of the following:</b> metformin, metformin ER, metformin-glipizide, metformin-glyburide, metformin-pioglitazone	Farxiga or Xigduo XR <b>AND</b> Glyxambi, Jardiance, Synjardy, Synjardy XR or Trijardy XR	Invokamet, <sup>+</sup> Invokamet XR, <sup>+</sup> Invokana, <sup>+</sup> Qtern, <sup>+</sup> Steglatro, <sup>+</sup> Steglujan, <sup>+</sup> Segluromet <sup>+</sup>
	<b>Any one of the following:</b> metformin, metformin ER, metformin-glipizide, metformin-glyburide, metformin-pioglitazone	Janumet, Janumet XR, or Januvia <b>AND</b> Jentadueto, Jentadueto XR, or Tradjenta	Alogliptin <sup>+</sup> (ABA), Alogliptin/Metformin <sup>+</sup> (ABA), Alogliptin/Pioglitazone <sup>+</sup> (ABA), Kazano, <sup>+</sup> Kombiglyze XR, <sup>+</sup> Nesina, <sup>+</sup> Onglyza, <sup>+</sup> Oseni <sup>+</sup>
	<b>Any one of the following:</b> metformin, metformin ER, metformin-glipizide, metformin-glyburide, metformin-pioglitazone	Bydureon BCise or Byetta <b>AND</b> Ozempic, Rybelsus, Trulicity, or Victoza	Adlyxin <sup>+</sup>
GASTROINTESTINAL (MISC.)	polyethylene glycol or lactulose	Linzess	Motegrity, Trulance <sup>+</sup>
	polyethylene glycol or lactulose	Linzess, Movantik, <sup>+</sup> or Symproic	Amitiza <sup>+</sup>
	polyethylene glycol or lactulose	Movantik <sup>+</sup> or Symproic	Relistor <sup>+</sup>

+ May be excluded from coverage. Check your benefit plan documents for excluded medications.

\* The list of step therapy medications is subject to change without notice. Step therapy requirements may vary by benefit plan. Additional clinical programs, including quantity limits and prior authorization, may exist for the above medications which may affect your prescription drug coverage.

# Grandfathering allowed on medications under this Condition. All other Conditions do not allow grandfathering. Under Diabetes, grandfathering allowed on Kombiglyze XR and Onglyza.

If you have additional questions, please call customer service at 800-759-3203 or visit [serveyourx.com](http://serveyourx.com).

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