

## Preventive Medication Coverage under the Affordable Care Act — Member Information

The Patient Protection and Affordable Care Act (“ACA”) requires most health plans to cover certain drugs and supplements at no cost to eligible members. The U.S. Preventive Services Task Force (USPSTF) defines the list of preventive products, including the prescription and over-the-counter (OTC) drugs listed below. To find out whether your health plan is subject to ACA requirements, call Serve You Rx customer service at **800-759-3203**.

In order to receive your preventive drugs at no cost to you:

- Your prescription must be from a healthcare provider (even for OTC drugs)
- Your prescription must be filled at a network retail pharmacy or Serve You DirectRx Pharmacy
- You must fall into the age group, sex, and/or condition category outlined below

Your brand-name drugs will be covered at no cost to you if there is not a generic version available. If there is a generic version available, the brand-name drug’s cost will be determined by the tier the drug is on. To learn more about drug tiers, see your Preferred Drug List at [serveyourx.com/members/](http://serveyourx.com/members/). Sometimes taking a brand-name drug is medically necessary even though a generic is available in that category. In that case, your prescriber may need to submit more information for review in order for you to receive the brand-name drug at no cost.

### 2020 PREVENTIVE MEDICATION LISTING

Below is a list of preventive drugs and supplements that are covered at no cost to you if you fall under the age group, sex, and/or condition recommended by the USPSTF.

MEDICATION	USPSTF RECOMMENDATION	PRODUCT(S)
ASPIRIN	<ul style="list-style-type: none"> <li>• For men and women age 50-59 years</li> <li>• To prevent cardiovascular disease and colorectal cancer</li> </ul>	<ul style="list-style-type: none"> <li>• aspirin 81mg</li> <li>• aspirin 325mg</li> </ul>
	<ul style="list-style-type: none"> <li>• For women after 12 weeks of gestation at high risk for preeclampsia</li> <li>• To prevent preeclampsia</li> </ul>	<ul style="list-style-type: none"> <li>• aspirin 81mg</li> </ul>
FOLIC ACID SUPPLEMENTS	<ul style="list-style-type: none"> <li>• For women who are pregnant or may become pregnant</li> <li>• To prevent birth defects</li> </ul>	<ul style="list-style-type: none"> <li>• folic acid 400mcg (0.4mg)</li> <li>• folic acid 800mcg (0.8mg)</li> </ul>
FLUORIDE SUPPLEMENTS	<ul style="list-style-type: none"> <li>• For children age six months to five years whose water supply is fluoride deficient</li> <li>• To prevent dental caries (tooth decay and cavities)</li> </ul>	<ul style="list-style-type: none"> <li>• sodium fluoride tablets, chewable tablets and drops</li> </ul>
ERYTHROMYCIN OPHTHALMIC OINTMENT	<ul style="list-style-type: none"> <li>• For all newborns</li> <li>• To prevent early eye infections caused by gonorrhea</li> </ul>	<ul style="list-style-type: none"> <li>• erythromycin ophthalmic ointment</li> </ul>

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MEDICATION	USPSTF RECOMMENDATION	PRODUCT(S)
<p><b>BOWEL PREPARATION MEDICATIONS</b></p> <p><b>NOTE:</b> Only one fill of bowel preparation drugs can be covered per year.</p>	<ul style="list-style-type: none"> <li>For adults age 50-75 years</li> <li>To clean out the bowel prior to a colonoscopy (procedure used to screen for colorectal cancer)</li> </ul>	<ul style="list-style-type: none"> <li>bisacodyl tablets</li> <li>Citroma</li> <li>ClearLax</li> <li>GaviLAX</li> <li>GaviLyte</li> <li>GentleLax</li> <li>GlycoLax</li> <li>LAXACLEAR</li> <li>magnesium citrate solution</li> <li>PEG-3350/electrolyte solution</li> <li>powderlax</li> <li>Purelax</li> <li>SmoothLAX</li> <li>TriLyte</li> </ul>
<p><b>BREAST CANCER PREVENTIVE MEDICATIONS</b></p>	<ul style="list-style-type: none"> <li>For women age 35 years and older who are at an increased risk for breast cancer</li> <li>To prevent breast cancer</li> </ul>	<ul style="list-style-type: none"> <li>anastrozole*</li> <li>exemestane*</li> <li>letrozole*</li> <li>raloxifene (generic Evista)*</li> <li>tamoxifen*</li> </ul> <p>*These medications are typically covered at your plan's normal cost share. To obtain these medications at no cost to you, a Prior Authorization Form must be completed by the prescriber. If criteria are met, the plan will cover 100% of the cost of these medications for up to five years.</p>
<p><b>HIV – PRE-EXPOSURE PROPHYLAXIS (PrEP) MEDICATIONS</b></p>	<ul style="list-style-type: none"> <li>For adolescents and adults without HIV who are at high risk</li> <li>To prevent contracting HIV infection</li> </ul>	<ul style="list-style-type: none"> <li>Descovy*</li> <li>tenofovir (generic Viread)*</li> <li>Truvada*</li> </ul> <p>*These medications are typically covered at your plan's normal cost share. To obtain these medications at no cost to you, a Prior Authorization Form must be completed by the prescriber. If criteria are met, the plan will cover 100% of the cost of these medications. Coverage is limited to one tablet per day.</p>
<p><b>STATIN PREVENTIVE MEDICATIONS</b></p>	<ul style="list-style-type: none"> <li>For adults age 40-75 years with one or more cardiovascular risk factors and a 10-year risk of a cardiovascular event of 10% or greater</li> <li>To prevent cardiovascular events and death</li> </ul>	<ul style="list-style-type: none"> <li>atorvastatin* 10mg &amp; 20mg</li> <li>fluvastatin* 20mg &amp; 40mg</li> <li>fluvastatin ER* 80mg</li> <li>lovastatin (all strengths)</li> <li>pravastatin* (all strengths)</li> <li>rosuvastatin* 5mg &amp; 10mg</li> <li>simvastatin* 5mg, 10mg, 20mg, &amp; 40mg</li> </ul> <p>*Coverage at no cost to you varies based on plan management strategy. Prior Authorization may be required to obtain medication at no cost.</p>

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MEDICATION	USPSTF RECOMMENDATION	PRODUCT(S)
<b>TOBACCO CESSATION MEDICATIONS</b>  <b>NOTE:</b> Up to two 90-day treatments of tobacco cessation therapy can be covered per year.	<ul style="list-style-type: none"> <li>For all adults</li> <li>To prevent the negative effects associated with tobacco use by providing aids to quit</li> </ul>	<ul style="list-style-type: none"> <li>bupropion SR (generic Zyban) tablets</li> <li>Chantix tablets</li> <li>nicotine gum (nicotine polacrilex)</li> <li>nicotine lozenges (nicotine polacrilex)</li> <li>nicotine patch</li> <li>Nicotrol Inhaler</li> <li>Nicotrol Nasal Spray</li> </ul>

### IMMUNIZATION COVERAGE

The list of preventive services under ACA also includes certain immunizations. Plans may choose to cover a core list of immunizations (i.e., flu, pneumonia, shingles) or an expanded list, which would also include vaccinations to prevent diseases such as hepatitis, chicken pox, and human papillomavirus (HPV). Please refer to the *Immunization Coverage under the Affordable Care Act* brochure for more information.

### WOMEN'S CONTRACEPTIVES

Under the ACA, certain health plans are required to provide women with full coverage of at least one product in each of the 18 contraceptive method categories. These categories are defined by the U.S. Food and Drug Administration's Birth Control Guide.

**Coverage Overview:** The list below includes product categories related to the pharmacy benefit. It includes only the contraceptive products that are covered at no cost to women. Please call **800-759-3203** for coverage information about contraceptives not included on this list.

### CONTRACEPTIVE PRODUCTS AVAILABLE AT NO COST TO YOU

CATEGORY	PRODUCT(S)
<b>SPERMICIDE</b>	<ul style="list-style-type: none"> <li>Encare Suppositories</li> <li>Glycol II Gel 3%</li> <li>Shur-Seal Gel 2%</li> <li>VCF Vaginal Contraceptive Film/Foam/Gel</li> </ul>
<b>SPONGE</b>	<ul style="list-style-type: none"> <li>Today Sponge</li> </ul>
<b>FEMALE CONDOMS</b>  <b>NOTE:</b> Male condoms are not covered under the ACA.	<ul style="list-style-type: none"> <li>FC2</li> </ul>
<b>EMERGENCY CONTRACEPTION</b>	<ul style="list-style-type: none"> <li>Aftera</li> <li>EContra EZ</li> <li>EContra One-Step</li> <li>Ella</li> <li>FallBack Solo</li> <li>levonorgestrol</li> <li>My Choice</li> <li>My Way</li> <li>New Day</li> <li>Next Choice One Dose</li> <li>Opcicon One-Step</li> <li>Option 2</li> <li>Preventeza</li> <li>React</li> <li>Take Action</li> </ul>

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CATEGORY	PRODUCT(S)
<b>INTRAUTERINE DEVICE (IUD)</b>	<ul style="list-style-type: none"> <li>• Kyleena</li> <li>• Liletta</li> <li>• Mirena</li> <li>• Paragard</li> <li>• Skyla</li> </ul>
<b>IMPLANTABLE ROD</b>	<ul style="list-style-type: none"> <li>• Nexplanon</li> </ul>
<b>VAGINAL RING</b>	<ul style="list-style-type: none"> <li>• Eluryng</li> <li>• etonogestrel/ethinyl estradiol</li> </ul>
<b>TRANSDERMAL PATCH</b>	<ul style="list-style-type: none"> <li>• Xulane</li> </ul>
<b>DIAPHRAGM</b>	<ul style="list-style-type: none"> <li>• Caya</li> <li>• Omniflex Wide Seal</li> <li>• Wide-Seal</li> </ul>
<b>CERVICAL CAP</b>	<ul style="list-style-type: none"> <li>• Femcap</li> </ul>
<b>INJECTIONS</b>	<ul style="list-style-type: none"> <li>• medroxyprogesterone acetate</li> </ul>
<b>EXTENDED CYCLE ORAL CONTRACEPTIVES</b>	<ul style="list-style-type: none"> <li>• Amethia</li> <li>• Amethia Lo</li> <li>• Amethyst</li> <li>• Ashlyna</li> <li>• Camrese</li> <li>• Camrese Lo</li> <li>• Daysee</li> <li>• Fayosim</li> <li>• Introvale</li> <li>• Jaimiess</li> <li>• Jolessa</li> <li>• levonorgesterol/ethinyl estradiol (91-day)</li> <li>• LoJaimiess</li> <li>• Quasense</li> <li>• Rivelsa</li> <li>• Setlakin</li> <li>• Simpesse</li> </ul>

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### CATEGORY & PRODUCTS

#### 28-DAY ORAL CONTRACEPTIVES

<ul style="list-style-type: none"> <li>• Afirmelle</li> <li>• Altavera</li> <li>• Alyacen</li> <li>• Apri</li> <li>• Aranelle</li> <li>• Aubra</li> <li>• Aurovela</li> <li>• Aviane</li> <li>• Ayuna</li> <li>• Azurette</li> <li>• Balziva</li> <li>• Bekyree</li> <li>• Blisovi</li> <li>• Briellyn</li> <li>• Camila</li> <li>• Caziant</li> <li>• Cesia</li> <li>• Chateal</li> <li>• Cryselle-28</li> <li>• Cyclofem</li> <li>• Cyred</li> <li>• Dasetta</li> <li>• Deblitane</li> <li>• Delyla</li> <li>• desogestrel/ethinyl estradiol</li> <li>• drospirenone/ethinyl estradiol</li> <li>• drospirenone/ethinyl estradiol/levomefolate</li> <li>• Elinest</li> <li>• Emoquette</li> <li>• Enpresse-28</li> <li>• Enskyce</li> <li>• Errin</li> <li>• Estarylla</li> </ul>	<ul style="list-style-type: none"> <li>• ethynodiol diacetate/ethinyl estradiol</li> <li>• Falmina</li> <li>• Femynor</li> <li>• Gianvi</li> <li>• Gildagia</li> <li>• Gildess</li> <li>• Hailey</li> <li>• Heather</li> <li>• Incassia</li> <li>• Isibloom</li> <li>• Jasmiel</li> <li>• Jencycla</li> <li>• Jolivette</li> <li>• Juleber</li> <li>• Junel</li> <li>• Kaitlib Fe</li> <li>• Kalliga</li> <li>• Kariva</li> <li>• Kelnor</li> <li>• Kimidess</li> <li>• Kurvelo</li> <li>• Larin</li> <li>• Larissia</li> <li>• Layolis Fe</li> <li>• Leena</li> <li>• Lessina</li> <li>• Levonest</li> <li>• levonorgestrel/ethinyl estradiol</li> <li>• Levora-28</li> <li>• Lillow</li> <li>• Lomedia 24</li> <li>• Loryna</li> <li>• Lo-Zumandimine</li> <li>• Low-ogestrel</li> <li>• Lutera</li> </ul>	<ul style="list-style-type: none"> <li>• Lyza</li> <li>• Marlissa</li> <li>• Melodetta</li> <li>• Mibelas 24</li> <li>• Microgestin</li> <li>• Mili</li> <li>• Mono-Linyah</li> <li>• Mononessa</li> <li>• Myzilra</li> <li>• Necon</li> <li>• Nikki</li> <li>• Nora-Be</li> <li>• norethindrone</li> <li>• norethindrone/ethinyl estradiol</li> <li>• norethindrone/ethinyl estradiol/Fe</li> <li>• norgestimate/ethinyl estradiol</li> <li>• Norlyda</li> <li>• Norlyroc</li> <li>• Nortrel</li> <li>• Ocella</li> <li>• Orsythia</li> <li>• Philith</li> <li>• Pimtrea</li> <li>• Pirmella</li> <li>• Portia-28</li> <li>• Previfem</li> <li>• Rajani</li> <li>• Reclipsen</li> <li>• Sharobel</li> <li>• Simliya</li> <li>• Solia</li> <li>• Sprintec 28</li> <li>• Sronyx</li> <li>• Syeda</li> </ul>	<ul style="list-style-type: none"> <li>• Tarina Fe</li> <li>• Tarina 24 Fe</li> <li>• Tilia Fe</li> <li>• Tri-Estraryll</li> <li>• Tri Femynor</li> <li>• Tri-Legest</li> <li>• Tri-Linyah</li> <li>• Tri-Lo-Estaryll</li> <li>• Tri-Lo-Marzia</li> <li>• Tri-Lo-Mili</li> <li>• Tri-Lo-Sprintec</li> <li>• Trinessa</li> <li>• Trinessa Lo</li> <li>• Tri-Mili</li> <li>• Tri-Previfem</li> <li>• Tri-Sprintec</li> <li>• Trivora-28</li> <li>• Tri-Vylibra</li> <li>• Tri-Vylibra Lo</li> <li>• Tulana</li> <li>• Tydemy</li> <li>• Velivet</li> <li>• Vestura</li> <li>• Vienna</li> <li>• Violele</li> <li>• Volnea</li> <li>• Vyfemla</li> <li>• Vylibra</li> <li>• Wera</li> <li>• Wymzya Fe</li> <li>• Zarah</li> <li>• Zenchent</li> <li>• Zovia</li> <li>• Zumandimine</li> </ul>
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This document is meant to be a guide and may not contain a complete list of preventive medications. The list can change based on updates from the USPSTF or when new generic or brand-name drugs are introduced.

If you have additional questions, please call customer service at **800-759-3203** or visit **serveyourrx.com**.