

## Understanding Quantity Limits

Limiting the quantity of medicine covered for selected prescriptions ensures safe, appropriate drug use and is based on dosing guidelines established by the U.S. Food and Drug Administration.

### OVERVIEW

The Quantity Limit program is intended to promote safe, appropriate use of medications. Overuse of medications can lead to poor health outcomes and may unnecessarily drive up the cost of healthcare. Quantity Limits are a sensible solution where coverage is based on current FDA and manufacturer dosing guidelines and current medical best practices.

A Quantity Limit is a restriction on the amount or quantity of medication that is covered by your plan during a specific period of time. Most often, a Quantity Limit is set as a maximum quantity of tablets, capsules, milliliters of liquid or other units that can be received as a covered benefit within a certain time limit, usually on a monthly basis for prescriptions obtained at a retail pharmacy or on a 90-day basis for medications obtained at the mail order pharmacy.

### HOW IT WORKS

When your physician prescribes a medication for you that exceeds the Quantity Limit established by the plan, your pharmacist will receive an electronic message sent to their computer stating that the quantity of medication as written exceeds normal limits and is not covered without Prior Authorization. At this point, the pharmacist must contact your physician to change the prescription or the physician may choose to submit a Quantity Limit Exceeded Override Form if they believe the prescription as written is medically necessary.

### NEXT STEPS IN THE QUANTITY LIMIT PROCESS

- If the information provided meets approval criteria, the prescription claim is approved and the pharmacist is informed that the prescription can be filled.
- If more information is needed, a Serve You pharmacist may contact the physician directly. Once the relevant information is received from the physician, and the approval criteria are met, the quantity limit override is approved and the prescription can be filled.
- If the criteria for plan coverage have not been satisfied, this is communicated back to the dispensing pharmacist and physician so that alternative arrangements can be made, if applicable.

If you have any questions about quantity limits, please call Serve You Rx Customer Service at **800-759-3203**.